

## INSCRIPTION/INVOICE

FROM 10th JANUARY TO 14th FEBRUARY 2011:

- Tuesday prenatal class from 5.15 to 6.30 pm. (Axinja)
- Full-term (6 classes) 108 € / 114€ (with mat)**

**Drop-in classes can be paid per session 20€ / 21€ (with mat)**

NAME: \_\_\_\_\_

\_\_\_\_\_

ADDRESS: \_\_\_\_\_

\_\_\_\_\_

PHONE NO.: \_\_\_\_\_

E-MAIL: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_

**Hereby, I declare that I read and agreed with the yogaloft guidelines and payment conditions.**



11, rue Guillaume de Machault L-2111 Luxembourg  
www.yogaloft.lu info@yogaloft.lu  
(+352) 26 25 97 90  
T.V.A. LU 22232402  
BLUXLULL LU24 0081 7170 8100 1003

## YOGALOFT GUIDELINES

- Before you start your yoga practice, inform your teacher about any health issue and keep him updated about any change of your health condition or pregnancy.
- Be on time and arrive 10 to 15 minutes before the beginning of the class, time to check in and change.
- Remove your shoes at the entrance and turn your cell phone off.
- Keep your body clean and refrain from using artificial fragrances, it might disturb other students while they practice.
- Yogaloft is a place of spiritual practice, respect the rules of Ahimsa, non-violent, compassionate lifestyle in words and acts.  
Always remember the 10 yogic rules of conduct:

DO NOT HARM

DO NOT STEAL

DO NOT LIE

BE MODEST

DO NOT BE GREEDY

BE CLEAN IN THOUGHT, WORD AND DEED

BE CONTENT

WORK HARD, BE DISCIPLINED

STUDY

DEDICATE YOUR EFFORTS TO THE DIVINE

- Before you leave the studio, make sure not to leave anything behind you like water bottles, tissues, ...
- Yogaloft is not responsible for lost or stolen items.



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## SUBSCRIPTION AND PAYMENT CONDITIONS

- You can either subscribe for a term (between 12 or 14 weeks) or take drop-in classes.
- The payment for a term is non-refundable, unless you have a medical certificate, in which case you can take the classes the following term.
- If you subscribe for a term, your spot is reserved after the payment of the fees directly at the studio or via bank transfer at least one week before the beginning of the term.
- You can sign in during the term and pay the remaining classes
- Be on time, we cannot guarantee your spot if you arrive after the beginning of the class.
- NO CLASS CAN BE MADE UP.
- SPOTS ARE NOMINATIVE: MEMBERS CANNOT SEND OTHER PERSONS TO TAKE THEIR SPOTS.
- There's also the option to take drop-in classes.  
Drop-in classes cannot be reserved in advance.  
Please arrive without prior notice and as early as possible to check if there's space available.  
The first to come is the first to be served.  
The cost per drop-in class is 20€, with rental of mat 21€.  
Drop-in classes have to be paid before the beginning of the class.
- Please bring your own mat if possible.  
You can purchase a new mat (JADE yoga mats) at the studio or rent a mat (1€ per class).  
Regular students can leave their mat at the studio and stock it there for their personal use only.



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